

Piskula Catering – Autumn Menu 2019

Week One 2/9, 30/9, 4/11 & 2/12	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sausage Casserole with Mashed Potato	Cottage Pie with Gravy	Chicken Pie with Mashed Potato	Spaghetti Bolognese	Cod & Salmon Fishcakes with Potato Wedges
Vegetarian	Grilled Vegetables with Sweet Chilli & Feta Couscous	Vegetable Salad with Soup	Roasted Vegetable Mozzarella Baguette	Potato Bake	Veg Cakes with Potato Wedges
Other	Jacket Potato with Ham & Cheese	Chicken Pasta Salad with Brown Bread	Roasted Vegetable and Mince Baguette	Potato Bake	Mince with Rice
Lunch Box	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt
Dessert	Australian Crunch, Fresh Fruit or Cheese & Biscuits	Ginger Cake with Custard, Fresh Fruit or Cheese & Biscuits	Fruit Jelly and Ice Cream, Fresh Fruit or Cheese & Biscuits	Apple Crumble with Custard, Fresh Fruit or Cheese & Biscuits	Strawberry Cake, Fresh Fruit or Cheese & Biscuits

Week Two 9/9, 7/10, 11/11 & 9/12	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Casserole with Mashed Potato	Roast Pork with Roast Potatoes	Homemade Beef Burger with rice	Chicken Nuggets with Mashed Potato	Fish Fingers with Potato Wedges
Vegetarian	Pasta with Tomato Sauce	Mexican Vegetable Tortilla with Cheese	Egg Burger	Crispy Courgette Omelette	Chickpea Curry Jacket Potato
Other	Pasta with Sausages & Tomato Sauce	Ham & Cheese Tortilla	Chicken Pasta Bake	Tuna Salad with Roast Tortilla	Egg and Ham Salad with Brown Bread
Lunch Box	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt
Dessert	Jam Tart, Fresh Fruit or Cheese & Biscuits	Apple Cake, Fresh Fruit or Cheese & Biscuits	Fruit Trifle, Fresh Fruit or Cheese & Biscuits	Fruit Pie, Fresh Fruit or Cheese & Biscuits	Surprise Cake, Fresh Fruit or Cheese & Biscuits

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Week Three 16/9, 14/10, 18/11 & 16/12	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mince Beef Cobbler	Pork Casserole with Mashed Potato	Meatballs in Tomato Sauce with Pasta	Bangers and Mash	Tuna Bake
Vegetarian	Baked Egg and Tomato Ciabatta boats	Potato Pancake with Cream & Herb Sauce	Cheese and Onion Flan	Roasted stuffed Peppers	Pasta Bake
Other		Grilled Tortilla with Tuna and cheese	Cheese & Ham Flan	Jacket Potato with Cheese & Ham	Roast Chicken with Rice
Lunch Box	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt
Dessert	Toffee Cake, Fresh Fruit or Cheese & Biscuits	Chocolate Cake with Chocolate Sauce, Fresh Fruit or Cheese & Biscuits	Fruit, Jelly & Ice Cream, Fresh Fruit or Cheese & Biscuits	Banana Cake, Fresh Fruit or Cheese & Biscuits	Fruit Crumble & Custard, Fresh Fruit or Cheese & Biscuits

Week Four 23/9, 21/10 & 25/11	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Toad in the Hole with Mashed Potato	Chicken Pie with Mashed Potato	Beef Lasagne	Roast Pork with Roast Potatoes	Pasta with Sauce, Tuna & Cheese
Vegetarian	Cheese, Roasted Veg and Broccoli Tortilla with Herb Sauce	Vegetable and Egg Shortcrust Roll	Vegetable Spinach Carbonara	Roasted Veg and Mozzarella Toasties	Vegetable Pizza
Other	Chicken and Roast Veg Grilled Tortilla	Bacon Salad with Brown Roll	Dolmades	Toasties with Baked Beans	Pizza
Lunch Box	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt	Cheese, Ham or Tuna Sandwich, Cake/Biscuit, Fruit, Cucumber, Raisins & Yoghurt
Dessert	Fruit & Yoghurt, Fresh Fruit or Cheese & Biscuits	Fruit Jelly with Ice Cream, Fresh Fruit or Cheese & Biscuits	Flapjack with Peaches, Fresh Fruit or Cheese & Biscuits	Chocolate Pudding, Fresh Fruit or Cheese & Biscuits	Carrot Cake, Fresh Fruit or Cheese & Biscuits