## Abbas and Templecombe Church of England Primary School

Hot Meals Order Form - Autumn term 2023 (KS1)

CHILD'S NAME: $\qquad$ CLASS: $\qquad$
Dietary requirements:
(Please detail so meals can be adapted)
Please place a cross next to the meal choice required. Packed Lunches contain a roll (R) or wrap (W), cucumber, fruit, yogurt and a choice of dessert - please highlight R or W and the choice of filling. Available daily for children to select are seasonal vegetables, salad (v), mash or rice.

| Wk. | Monday | X | Tuesday | X | Wednesday | X | Thursday | X | Friday | X |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1$04 / 09 / 23$$02 / 10 / 23$$06 / 11 / 23$$04 / 12 / 23$ | Spaghetti Bolognese |  | Cottage Pie with Gravy |  | Sausage casserole \& mash |  | Roast pork with roast potatoes |  | Sweet \& sour chicken \& rice |  |
|  | Jacket potato with mince \& beans \& cheese |  | Chicken pasta bake |  | Bacon \& cheese quiche |  | Ham \& cheese toasties |  | Tuna \& salmon bake |  |
|  | Veggie creamy spaghetti \& green beans ( v ) |  | Cauliflower, vegetable \& quorn pie (v) |  | Veg sausage casserole with soya beans \& mash (v) |  | Roast peppers tofu toastie (v) |  | Wholewheat macaroni cheese (v) |  |
|  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  |
|  | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R | Packed Lunch <br> Ham/Cheese/Chicken/Tuna <br> Roll (R) or Wrap (W) | R | Packed Lunch <br> Ham/Cheese/Chicken/Tuna <br> Roll (R) or Wrap (W) | R | Packed Lunch <br> Ham/Cheese/Chicken/Tuna <br> Roll (R) or Wrap (W) | R | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R |
|  | Yogurt and fruit |  | Fruit crumble \& custard |  | Ginger cake \& custard |  | Apple cake |  | Fruit jelly \& ice cream <br> Fruit (F), Yogurt (Y) or Cheese and crackers (C) |  |
|  | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F Y C | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F <br> Y <br> C | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F Y C | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F Y C |  | F <br> Y <br> C |

Number of Week 1 meals ordered:

| Wk. | Monday | X | Tuesday | X | Wednesday | X | Thursday | X | Friday | X |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 2 \\ 11 / 09 / 23 \\ 09 / 10 / 23 \\ 13 / 11 / 23 \\ 11 / 12 / 23 \end{gathered}$ | Pork casserole \& rice |  | Beef burger with wedges |  | Chicken pie \& mash |  | Bangers \& mash |  | Fish fingers \& wedges |  |
|  | Pasta with Sausages and Tomato Sauce |  | Bacon pasta salad \& brown bread |  | Tuna \& cheese \& rice tortilla |  | Dolmades |  | Beef Somerset pasty \& soup |  |
|  | Pasta with Tomato Sauce (v) |  | Veg \& quinoa burger (v) |  | Mix beans, veg \& rice, cheese tortilla (v) |  | Spinach \& lentil dolmades (v) |  | Vegetarian Somerset pasty (pea \& eggs) \& soup (v) |  |
|  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  |
|  | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R |
|  |  | W |  | W |  | W |  | W |  | W |
|  | Toffee cake |  | Fruit jelly \& ice cream |  | Summer Fruit cake \& custard |  | Apple crumble \& custard |  | Surprise pudding |  |
|  | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F |
|  |  | Y <br> C |  | Y |  | Y |  | Y |  | Y |


| Wk. | Monday | X | Tuesday | X | Wednesday | X | Thursday | X | Friday | X |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 318/09/2316/10/2320/11/23 | Minced Beef Cobbler \& iacket potato |  | Chicken nuggets \& mash |  | Pork meatballs in Tomato Sauce with Pasta |  | Beef chilli con carne \& rice |  | Fish cakes \& wedges |  |
|  | Cauliflower cheese \& jacket potato (v) |  | Cocktail sausages \& pea risotto |  | Potato bake |  | Chicken pasta salad \& wholemeal bread |  | Pasta with cream sauce \& tuna or cheese |  |
|  |  |  | Veg nuggets \& mash (v) |  | Cheese, mushroom and onion potato bake ( v ) |  | Quorn chilli con carne (v) |  | Veggie cakes, chickpea \& wedges (v) |  |
|  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  |
|  | Packed Lunch <br> Ham/Cheese/Chicken/Tuna <br> Roll (R) or Wrap (W) | R | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R |
|  |  | W |  | W |  | W |  | W |  | W |
|  | Jam tart |  | Chocolate cake \& choc sauce |  | Fruit trifle |  | Fruit pie \& custard |  | Banana cake \& custard |  |
|  | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F |
|  |  | Y |  | Y |  | Y |  | Y |  | Y |

Number of Week 3 meals ordered:

| Wk. | Monday | X | Tuesday | X | Wednesday | X | Thursday | X | Friday | X |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 4 \\ 25 / 09 / 23 \\ 30 / 10 / 23 \\ 27 / 11 / 23 \end{gathered}$ | Beef lasagne |  | Chicken casserole \& rice |  | Roast pork with roast potatoes |  | Toad in the hole \& mash |  | Pizza \& seasonal veg (v) |  |
|  | Jacket potato \& tuna cottage cheese salad |  | Roasted veg \& mince mozzarella baguette |  | Roast ham \& rice cheese tortilla |  | Tuna salad \& wraps |  | Chicken cheese \& veg quinoa grilled tortilla |  |
|  | Veg spinach lasagne (v) |  | Roasted peppers mozzarella baguette (v) |  | Roast veggie sausages, asparagus \& roast potatoes(v) |  | Grilled veg casserole with sweet chilli, soya beans \& rice (v) |  |  |  |
|  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  | Jacket potato \& cheese |  |
|  | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R | Packed Lunch <br> Ham/Cheese/Chicken/Tuna <br> Roll (R) or Wrap (W) | R | Packed Lunch Ham/Cheese/Chicken/Tuna Roll (R) or Wrap (W) | R | Packed Lunch <br> Ham/Cheese/Chicken/Tuna <br> Roll (R) or Wrap (W) | R | Packed Lunch <br> Ham/Cheese/Chicken/Tuna <br> Roll (R) or Wrap (W) | R |
|  |  | W |  | W |  | W |  | W |  | W |
|  | Australian crunch |  | Apple crumble \& custard |  | Chocolate pudding |  | Carrot cake |  | Flapjack with peaches |  |
|  | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F | Fruit (F), Yogurt (Y) or Cheese and crackers (C) | F |
|  |  | Y |  | Y |  | Y |  | Y |  | Y |
|  |  | C |  | C |  | C |  | C |  | C |

Number of Week 4 meals ordered:

Pupils in Years R, 1 and 2, at present, receive their meals at no cost to parents - this is called Universal Infant Free School Meals (UIFSM).
This menu is set for the academic year and your choices will be carried over every four weeks unless you contact the school office to request alterations. All orders must be received at least 7 working days prior to the required meal. Cancellations are only available if two days' prior notice is given.

All meals and sundries are provided and served by Piskula Catering. If you have any questions or concerns, please contact our school office in the first instance.

